

JOB DESCRIPTION

Job Title:	Support and Outreach Worker (Young Carers Project)
Team:	Young Carers Project @ The Carers Centre for Brighton & Hove
Hours of Work:	19 hours per week. Days to be agreed with line manager and CEO. This post will require occasional evening and weekend working
Salary:	£25,000 pro-rata
Contract:	Fixed Term Maternity Cover until 30/09/25
Responsible To:	Senior Support Worker (Young Carers Team)
Responsible For:	Supervision of sessional workers and volunteers while delivering activities
Leave Entitlement:	25 Days plus Public Holidays and 3 concessionary days per annum (pro rata for part-time work)

AIMS OF THE JOB:

- To empower Young Carers across Brighton & Hove through 1:1 casework interventions to manage their caring role and enjoy a life alongside caring.
- To organise, facilitate and evaluate the engagement of young people in accessing positive activities and support
- To plan and deliver groups / groupwork to children / young people, ranging from issue to activity based groups and to build the capacity of those groups to support more young people
- To raise awareness of Young Carers and the challenges they face within the health, social care, education and voluntary sectors of the city of Brighton and Hove to promote good practice and assist other professionals in identifying those with support needs
- To work in partnership with existing services in order to help coordinate effective responses to issues that may arise.

Location:

The post holder will be based at The Carers Centre, but will be expected to work with young people and other professionals in schools and community venues across Brighton and Hove, including offering home visits.

Main tasks:

Supporting individual young people

1. To provide 1:1 emotional support in a holistic manner that incorporates client-centred action planning to ensure agreed targets are worked towards.
2. To advocate on behalf of young people and, when appropriate, for those they care for, and to liaise effectively with other agencies to ensure that they receive the services they are entitled to

Working with groups of young people

3. To organise, facilitate and evaluate the engagement of young people accessing support groups, workshops and activities for young people
4. To empower young people, develop their understanding of their rights, services available to them and promote engagement.
5. To supervise sessional workers and volunteers delivering groups and activities

Promoting Awareness of challenges facing young people

7. To plan and deliver awareness raising training at a variety of service providers to promote the identification and support of vulnerable young people
8. To provide support to young people requiring referral to external agencies as well as identifying small grants which may be available
9. To work with staff within The Carers Centre to ensure a smooth transition for Young Carers as they approach adulthood.
10. Promote the support services available from The Carers Centre at wider community events e.g. college open days

General Good practice

11. To keep accurate case records and statistics in accordance with the organisational procedures, and produce written reports
12. To maintain professional boundaries and standards of service in accordance with the organisational policy and national guidance
13. To take part in team meetings
14. To participate in supervision and training and keep abreast of local and national developments affecting Young Carers, in order to ensure professional operation of the service
15. To work in accordance with the organisational policies and procedures, especially Equal Opportunities, Child Protection, Confidentiality and Health and Safety
16. To undertake day to day administration tasks and use computer equipment for general administration
17. To carry out other duties appropriate to the role and responsibilities as may be delegated by the Line Manager or the CEO.

This Job Description refers to the duties of the post at the current time. Such Duties may vary from time to time, without changing the general nature of the duties or the level of responsibilities of the post. For example, as a result of feedback from young people accessing the service because we highly value our Youth Participation Offer.

PERSON SPECIFICATION

POST: Support and Outreach Worker

Knowledge and understanding

1. Awareness of the effects that a caring role may have on a young person.
2. Understanding of relevant legislation and guidance in the context of working with young carers and with potentially vulnerable children
3. Working knowledge of Health, Education, Social Services and the Voluntary Sector and the partnership work undertaken between them

Skills

4. Good communication skills, both verbal and written in relation to children, their parents and professionals
5. Ability to listen, empathise with and support young people whilst maintaining appropriate boundaries in this work
6. Ability to plan and deliver interesting and stimulating programmes of activities for children and young people and professionals, and supervise sessional workers in delivering these activities

Personal Qualities

7. Commitment to equal opportunities and anti-discriminatory working
8. Able to work evenings and weekends on an occasional basis and to travel across Brighton and Hove
9. Ability to self-manage your workplan, contribute to partnership and team meeting forums to develop the capacity of services provided by the Young Carers Project

Experience

10. Experience of working with and delivering groups and activities to individuals and groups of vulnerable children and young people
11. Experience of supporting children and young people to assert their views
12. Experience undertaking casework in the statutory or voluntary sector in partnership with other support services
13. Experience, knowledge and understanding of good practice in social and youth work

Desirable

14. Training relevant to work with children and families (e.g. youth work, social work or community work)