

DO YOU LOOK AFTER SOMEONE WHO NEEDS YOUR HELP?

Could you do with some help, advice or someone to talk to?

Do you need help to improve your own health and wellbeing as you look after someone else?

Are you aware of the benefits you may be entitled to?



MAKING CARERS COUNT

Working in partnership with Carers Trust

Funded by Making Carers Count, a Carers Trust partnership programme supported by the Covid-19 Support Fund.

Your local carers' support charity can help.

The following local charities in Brighton & Hove, West Sussex and East Sussex can help anyone looking after a family member, friend or neighbour (including children) because of an illness, old age, a disability, a mental health issue or an addiction.

Contact your local charity today to find out more.

(A professional interpreter in any language can be arranged when requested at no cost to you).



Carers Centre for Brighton & Hove

Visit www.thecarerscentre.org

Email info@thecarerscentre.org

Call 01273 746 222

(Registered Charity No. 1015728 Company No. 2758481)



Carers Support West Sussex

Visit www.carerssupport.org.uk

Email info@carerssupport.org.uk

Call 0300 028 8888

(Registered Charity No. 1123359 Company No. 6418743)



Care for the Carers (East Sussex)

Visit www.cftc.org.uk

Email info@cftc.org.uk

Call 01323 738 390

(Registered Charity No. 1074906 Company No. 3677361)



Language: English

هل تعتني بشخص يحتاج إلى مساعدتك؟

هل تحتاج إلى بعض
المساعدة أو النصيحة أو
شخص للتحدث معه؟

هل تحتاج إلى مساعدة
لتحسين صحتك وعافيتك
وأنت تعتني بشخص آخر؟

هل تعرف المزايا التي قد
تكون متاحة لك؟



**MAKING
CARERS COUNT**
Working in partnership with Carers Trust

بتمويل من برنامج Making Carers Count، وهو برنامج تابع لشركة Carers Trust
بدعمه صندوق دعم المتضررين من جائحة كوفيد-19.

بإمكان الجمعية الخيرية المحلية الداعمة لمقدمي
الرعاية في منطقتك أن تقدم لك يد العون والمساعدة.

بإمكان الجمعيات الخيرية المحلية التالية في "برايتون
أند هوف" و"ويست ساسكس" و"إيست ساسكس"
مساعدة أي شخص يعتني بشخص آخر من أفراد
أسرته أو أصدقائه أو جيرانه (بما في ذلك الأطفال)
بسبب مرضه أو شيخوخته أو عجزه أو معاناته من
مشكلة تتعلق بالصحة العقلية أو الإدمان.

اتصل بالجمعية الخيرية المحلية في منطقتك اليوم لمعرفة
المزيد.

يمكننا عند الطلب الاستعانة بمرجم محترف بأي لغة
دون أن تترتب عليك أي تكلفة).



مركز مقدمي الرعاية في برايتون أند هوف

الموقع الإلكتروني www.thecarerscentre.org
بريد إلكتروني info@thecarerscentre.org
هاتف 01273 746 222
(جمعية خيرية رقم 1015728، شركة رقم 2758481)

جمعية دعم مقدمي الرعاية في ويست ساسكس

الموقع الإلكتروني www.carerssupport.org.uk
بريد إلكتروني info@carerssupport.org.uk
هاتف 0300 028 8888
(جمعية خيرية رقم 1123359، شركة رقم 6418743)

جمعية رعاية مقدمي الرعاية (إيست ساسكس)

الموقع الإلكتروني www.cftc.org.uk
بريد إلكتروني info@cftc.org.uk
هاتف 01323 738 390
(جمعية خيرية رقم 1074906، شركة رقم 3677361)

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آیا مراقب کسی هستید که به کمک شما احتیاج دارد؟

آیا نیاز به کمک، مشاوره یا کسی دارید که با وی صحبت کنید؟

آیا هنگام مراقبت از دیگری، برای بهبود سلامت و تندرستی خود نیاز به کمک دارید؟

آیا از مزایایی که ممکن است مستحق دریافت آن باشید، آگاه هستید؟



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تامین بودجه توسط Making Carers Count یک برنامه مشارکت Carers Trust
تحت حمایت Covid-19 Support Fund

موسسه خیریه حمایت از مراقبان محل سکونت شما می تواند به شما کمک کند.



Brighton & Hove، موسسات خیریه محلی زیر در می توانند به هر کسی East Sussex و West Sussex که به خاطر بیماری، سالمندی، ناتوانی، مشکل سلامت روانی یا اعتیاد از یکی از اعضای خانواده، دوستان یا همسایه ها (از جمله کودکان) مراقبت می کند، کمک کنند.

همین امروز با موسسه خیریه محل سکونت خود تماس بگیرید تا اطلاعات بیشتری کسب کنید.

ریکنا عند الطلب الاستعانة بمرجم محترف بأي لغة دون أن تترتب عليك أي تكلفة.



مراکز مراقبان در Brighton & Hove

به نشانی www.thecarerscentre.org
نشانی هاتف info@thecarerscentre.org
باشماره 01273 746 222

(موسسه خیریه ثبت شده به شماره 1015728 شرکت شماره 2758481)

پشتیبانی مراقبان West Sussex

به نشانی www.carerssupport.org.uk
نشانی هاتف info@carerssupport.org.uk
باشماره 0300 028 8888

(موسسه خیریه ثبت شده به شماره 1123359 شرکت شماره 6418743)

خدمات مراقبتی مراقبان (East Sussex)

به نشانی www.cftc.org.uk
نشانی هاتف info@cftc.org.uk
باشماره 01323 738 390

(موسسه خیریه ثبت شده به شماره 1074906 شرکت شماره 3677361)

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શું તમે કોઈની સંભાળ રાખો છો જેને તમારી મદદની જરૂર છે?

શું તમે કોઈને મદદ કરી શકે, સલાહ આપી શકો અથવા કોઈની સાથે વાત કરી શકો છો?

શું તમને તમારા પોતાના આરોગ્ય અને સુખાકારી સુધારવા સહાયની જરૂર છે કારણ કે તમે કોઈ અન્ય સંભાળ રાખો છો?

શું તમે એવા લાભોથી ખબરદાર છો જેના માટે તમે અધિકૃત હોઈ શકો?



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કોવિડ - 19 સપોર્ટ ફંડ દ્વારા સમર્થિત કેરર્સ ટ્રસ્ટ પાર્ટનર પ્રોગ્રામ, મેકિંગ કેરર્સ કાઉન્ટ દ્વારા ભંડોળ આપવામાં આવે છે

તમારા સ્થાનકિ માવજતકારોની સપોર્ટ ચેરીટી મદદ કરી શકે છે.

બ્રાઇટન એન્ડ હોવ, વેસ્ટ સસેક્સ અને ઇસ્ટ સસેક્સમાં નીચેની સ્થાનકિ ચેરીટીઓ માંદગી, વૃદ્ધાવસ્થા, વકિલાંગતા, માનસિક આરોગ્ય સમસ્યા અથવા વ્યસનના કારણે પરવારના સભ્ય, મતિર અથવા પાડોશી (બાળકો સહિત)ની સંભાળ રાખતી કોઈપણ વ્યક્તિને મદદ કરી શકે છે.

વધુ જાણવા માટે આજે તમારી સ્થાનકિ ચેરીટીનો સંપર્ક કરો.

(જ્યારે વનિતી કરવામાં આવે, તો તમને કોઈપણ ભાષામાં મફતમાં કોઈ વ્યાવસાયિક દૂભાષિયાની ગોઠવણ કરી શકાય છે).



બ્રાઇટન અને હોવ માટે કેરર્સ સેન્ટર

મુલાકાત લો www.thecarerscentre.org
ઇમેઇલ info@thecarerscentre.org
કૉલ કરો 01273 746 222

(સ્વીસ્ટરડ ચેરિટી નં. 1015728 કંપની નં. 2758481)



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(સ્વીસ્ટરડ ચેરિટી નં. 1123359 કંપની નં. 6418743)



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Language: English

CZY OPIEKUJESZ SIĘ OSOBĄ, KTÓRA POTRZEBUJE TWOJEGO WSPARCIA?

Czy i Tobie przydałaby się w tej sytuacji pomoc, porada lub po prostu ktoś, z kim możesz porozmawiać?

Czy potrzebujesz pomocy finansowej, wsparcia praktycznego lub emocjonalnego, pomocy dla własnego zdrowia, podejmując się opieki nad inną osobą?

Czy wiesz, do jakich świadczeń jesteś uprawniony?



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Ufundowane przez Making Carers Count, program partnerski Carers Trust, przy wsparciu Funduszu Pomocowego Covid-19.

Pomóc może lokalna organizacja charytatywna wspierająca opiekunów.

Niżej wymienione organizacje charytatywne w Brighton & Hove, West Sussex oraz East Sussex mogą pomóc każdej osobie, która opiekuje się członkiem rodziny, osobą znaną lub sąsiadem (w tym dziećmi) z powodu choroby, podeszłego wieku, niepełnosprawności, zaburzeń zdrowia psychicznego lub uzależnienia.

Skontaktuj się ze swoją lokalną organizacją charytatywną już dzisiaj, aby dowiedzieć się więcej.

(Na Twoją prośbę możemy zaoferować bezpłatną pomoc profesjonalnego tłumacza).



Centrum dla opiekunów w Brighton i Hove

Odwiedź stronę www.thecarerscentre.org
Napisz info@thecarerscentre.org
Zadzwoń 01273 746 222

(Zarejestrowana organizacja charytatywna nr 1015728. Nr firmy 2758481)



Wsparcie dla opiekunów w West Sussex

Odwiedź stronę www.carerssupport.org.uk
Napisz info@carerssupport.org.uk
Zadzwoń 0300 028 8888

(Zarejestrowana organizacja charytatywna nr 1123359. Nr firmy 6418743)



Wsparcie dla opiekunów w East Sussex

Odwiedź stronę www.cftc.org.uk
Napisz info@cftc.org.uk
Zadzwoń 01323 738 390

(Zarejestrowana organizacja charytatywna nr 1074906. Nr firmy 3677361)

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CUIDA DE ALGUÉM QUE PRECISA DA SUA AJUDA?

Sente que precisa de ajuda, aconselhamento ou de alguém com quem falar?

Sente que precisa de melhorar a sua própria saúde e bem-estar enquanto cuida de outra pessoa?

Tem conhecimento dos benefícios a que poderá ter direito?



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Financiado pela Making Carers Count, um programa de parceria da Carers Trust apoiado pelo Covid-19 Support Fund.

A sua instituição local de caridade de apoio ao cuidador pode ajudar.

As seguintes instituições de caridade em Brighton & Hove, West Sussex e East Sussex podem ajudar todas as pessoas que estejam a cuidar de um familiar, amigo ou vizinho (incluindo crianças) por motivos de doença, idade, deficiência, questões de saúde mental ou dependência.

Entre em contacto coma a sua instituição de caridade local para saber mais.

(Podemos disponibilizar um intérprete profissional em qualquer idioma a seu pedido, sem custos para si).



Centro de cuidadores em Brighton & Hove

Visite www.thecarerscentre.org

E-mail info@thecarerscentre.org

Ligue para 01273 746 222

(Instituição de Caridade Registrada N.º 1015728 Sociedade N.º 2758481)



Carers Support
West Sussex

Apoio ao Cuidador West Sussex

Visite www.carerssupport.org.uk

E-mail info@carerssupport.org.uk

Ligue para 0300 028 8888

(Instituição de Caridade Registrada N.º 1015728 Sociedade N.º 2758481)



Ajuda para os Cuidadores (East Sussex)

Visite www.cftc.org.uk

E-mail info@cftc.org.uk

Ligue para 01323 738 390

(Instituição de Caridade Registrada N.º 1074906 Sociedade N.º 3677361)

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您是否在照顾需要您帮助的人？

您是否需要帮助、建议或咨询专家？

在照顾他人的同时，您是否需要帮助来改善自身的身心健康？

您是否了解属于您的福利？



您当地的慈善机构能为您提供帮助，该类机构专为家庭护理员提供支持。

位于布莱顿和霍夫、西萨塞克斯和东萨塞克斯的当地慈善机构能够为照顾家庭成员、朋友和邻居（包括儿童）的任何护理人员提供帮助，该类家庭成员、朋友和邻居出于疾病、年迈、残障、心理健康问题或上瘾等原因需要他人照料。

即刻联系您当地的慈善机构，了解更多信息。

(如有需求，我们可为您免费安排任何语种的专业口译员)。



布莱顿和霍夫护理员中心

网站 www.thecarerscentre.org
电邮 info@thecarerscentre.org
电话 01273 746 222

(慈善机构注册编号1015728, 企业编号2758481)



西萨塞克斯护理员支持中心

网站 www.carerssupport.org.uk
电邮 info@carerssupport.org.uk
电话 0300 028 8888

(慈善机构注册编号1123359 企业编号6418743)



护理员关怀中心（东萨塞克斯）

网站 www.cftc.org.uk
电邮 info@cftc.org.uk
电话 01323 738 390

(慈善机构注册编号1074906 企业编号3677361)

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Carers Centre for Brighton & Hove

Visit www.thecarerscentre.org

Email info@thecarerscentre.org

Call 01273 746 222

(Registered Charity No. 1015728 Company No. 2758481)



Carers Support West Sussex

Visit www.carerssupport.org.uk

Email info@carerssupport.org.uk

Call 0300 028 8888

(Registered Charity No. 1123359 Company No. 6418743)



Care for the Carers (East Sussex)

Visit www.cftc.org.uk

Email info@cftc.org.uk

Call 01323 738 390

(Registered Charity No. 1074906 Company No. 3677361)



您是否照料需要您幫助的人？

您是否需要協助、建議或諮詢相關專家？

在照料他人的同時，您是否需要幫助來改善自身的身心健康？

您是否了解屬於您的福利？



由名為「Making Carers Count（重視家庭護理員）」的護理員信託合作計劃資助，該計劃受到「新冠疫情支援基金會」的支援。

您當地的慈善機構能夠為您提供協助，該類機構專為家庭護理人員提供支援。

位於布萊頓和霍夫、西薩塞克斯和東薩塞克斯的當地慈善機構能夠為照料家庭成員、朋友和鄰居（包括兒童）的任何護理人員提供協助，該類家庭成員、朋友和鄰居出於疾病、年邁、殘障、心理健康問題或上癮等原因需要他人照料。

即刻聯絡您當地的慈善機構，了解更多資訊。

（如有需求，我們可為您免費安排任何語種的專業口譯員）。



布萊頓和霍夫護理員中心

網站 www.thecarerscentre.org
電郵 info@thecarerscentre.org
電話 01273 746 222

（慈善機構註冊編號1015728，企業編號2758481）



西薩塞克斯護理員支援中心

網站 www.carerssupport.org.uk
電郵 info@carerssupport.org.uk
電話 0300 028 8888

（慈善機構註冊編號1123359 企業編號6418743）



護理員關懷中心（東薩塞克斯）

網站 www.cftc.org.uk
電郵 info@cftc.org.uk
電話 01323 738 390

（慈善機構註冊編號1074906，企業編號3677361）

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Language: English

¿CUIDA A ALGUIEN QUE NECESITA SU AYUDA?

¿Le vendría bien un poco de asistencia, consejo o alguien con quien hablar?

¿Necesita ayuda para mejorar su propia salud y bienestar mientras cuida a otra persona?

¿Conoce los beneficios a los que podría tener derecho?



Patrocinado por Making Carers Count, un programa de colaboración de Carers Trust respaldado por el Fondo de Apoyo frente a la Covid-19.

Su organización benéfica local de apoyo a los cuidadores puede ayudarle.

Las siguientes organizaciones benéficas locales de Brighton y Hove, West Sussex y East Sussex pueden ayudar a cualquier persona que cuide a un familiar, amigo o vecino (incluyendo a niños) por motivos de enfermedad, vejez, discapacidad, salud mental o adicción.

Póngase en contacto con su organización benéfica local hoy mismo para obtener más información.

(Podemos programar un intérprete profesional en cualquier idioma cuando lo solicite, sin coste alguno para usted).



Centro de cuidadores de Brighton y Hove

Visitas www.thecarerscentre.org
Correo electrónico info@thecarerscentre.org
Llamadas 01273 746 222

(Sociedad benéfica registrada n.º 1015728 Sociedad n.º 2758481)



Apoyo a los cuidadores de West Sussex

Visitas www.carerssupport.org.uk
Correo electrónico info@carerssupport.org.uk
Ligue para 0300 028 8888

(Sociedad benéfica registrada n.º 1123359 Sociedad n.º 6418743)



Cuidados para cuidadores (East Sussex)

Visitas www.cftc.org.uk
Correo electrónico info@cftc.org.uk
Ligue para 01323 738 390

(Sociedad benéfica registrada n.º 1074906 Sociedad n.º 3677361)

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உங்கள் உதவியை எதிர்பார்ப்போரை அன்போடு பராமரிப்பவரா நீங்கள்?

உங்களால் உதவி, அறிவுரை
வழங்க இயலுமா அல்லது
மனம் விட்டுப் பேச ஒரு
துணையாக நீங்கள் இருக்க
முடியுமா?

பிறரைப் பராமரிக்கும்
அதே நேரத்தில் உங்கள்
சொந்த ஆரோக்கியத்தையும்
நல்வாழ்வையும் மேம்படுத்த
உங்களுக்கு உதவி தேவையா?

நீங்கள் பெறக்கூடிய பலன்கள்
பற்றி உங்களுக்குத் தெரியுமா?



கோவிட்-19 ஆதரவு நிதியத்தால் ஆதரிக்கப்படும் கேரர்ஸ்
டிரஸ்ட் கூட்டாண்மைத் திட்டமான மேக்கிங் கேரர்ஸ் கவுண்ட்
மூலம் நிதியளிக்கப்பட்டது.

உங்கள் உள்ளூர் பராமரிப்பாளர்களின்
ஆதரவு தொண்டு அமைப்பு உங்களுக்கு
உதவக் கூடும்

நோய், முதுமை, ஊனம், மனநலப்
பிரச்சினை அல்லது போதை
வஸ்துகளுக்கு அடிமையான குடும்ப
உறுப்பினர், நண்பர் அல்லது பக்கத்து
வீட்டுக்காரர் (குழந்தைகள் உட்பட)
எவரையும் பராமரிப்போருக்கு Brighton
& Hove, West Sussex மற்றும் East Sussex இல்
உள்ள பின்வரும் உள்ளூர் தொண்டு
நிறுவனங்கள் உதவி செய்யும்.

மேலும் அறிய உங்க உள்ளூர் தொண்டு
அமைப்பை இன்றே அணுகுங்கள்.

(நீங்கள் விரும்பும் மொழியில் உங்களுக்கு
எந்தச் செலவும் இல்லாமல் தொழில்முறை
மொழிபெயர்ப்பாளர் ஏற்பாடு செய்து
தரப்படும்).



கேரர்ஸ் சென்ட்டர் ஃபார் பிரைட்டன் &
ஹோவ்

வலைத்தளம்: www.thecarerscentre.org
மின்னஞ்சல்: info@thecarerscentre.org
தொலை பேசி: 01273 746 222

(பதிவுசெய்யப்பட்ட தொண்டு அமைப்பு எண். 1015728 நிறுவன
எண். 2758481)

கேரர்ஸ் சப்போர்ட் ஃபார் வெஸ்ட் சசெக்ஸ்

வலைத்தளம்: www.carerssupport.org.uk
மின்னஞ்சல்: info@carerssupport.org.uk
தொலை பேசி: 0300 028 8888

(பதிவுசெய்யப்பட்ட தொண்டு அமைப்பு எண். 1123359 நிறுவன
எண். 6418743)

கேர் ஃபார் தி கேரர்ஸ் (ஈஸ்ட் சசெக்ஸ்)

வலைத்தளம்: www.cftc.org.uk
மின்னஞ்சல்: info@cftc.org.uk
தொலை பேசி: 01323 738 390

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YARDIMINIZA İHTİYACI OLAN BİR KİŞİYE Mİ BAKIYORSUNUZ?

Yardıma, tavsiyeye veya konuşacak birine mi ihtiyacınız var?

Başka birine bakarken kendi sağlık ve refahınızı iyileştirmek için yardıma mı ihtiyacınız var?

Hakkınız olan faydalardan haberiniz var mı?



MAKING CARERS COUNT
Working in partnership with Carers Trust

Covid-19 Destek Fonu ile desteklenen ve Carers Trust ortaklık programı olan Making Carers Count tarafından finanse edilmektedir.

Bakıcılara destek olan yerel derneğiniz size yardım edebilir.

Brighton & Hove, West Sussex ve East Sussex'te bulunan aşağıdaki yerel dernekler hastalık, yaşlılık, engellilik, ruhsal sağlık sorunu veya bağımlılık nedeniyle bir aile üyesine, arkadaşına veya komşuya (çocuklar dahil) bakmakta olan herkese yardımcı olabilir.

Daha fazla bilgi edinmek için yerel yardım derneğinizle hemen iletişime geçin.

(Talep edildiğinde sizin için herhangi bir dilde profesyonel bir tercüman ücretsiz olarak ayarlanabilir).



Brighton & Hove bakıcılar merkezi

Websitesi www.thecarerscentre.org
E-posta info@thecarerscentre.org
Telefon 01273 746 222

(Dernek Kayıt No. 1015728 Şirket No. 2758481)



West Sussex Bakıcı Desteği

Websitesi www.carerssupport.org.uk
E-posta info@carerssupport.org.uk
Telefon 0300 028 8888

(Dernek Kayıt No. 1123359 Şirket No. 6418743)



Bakıcıların Bakımı (East Sussex)

Websitesi www.cftc.org.uk
E-posta info@cftc.org.uk
Telefon 01323 738 390

(Dernek Kayıt No. 1074906 Şirket No. 3677361)

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ВИ ДОГЛЯДАЄТЕ КОГОСЬ, ХТО ПОТРЕБУЄ ВАШОЇ ДОПОМОГИ?

Вам потрібна допомога, порада або спілкування з кимось?

Вам потрібна допомога в покращенні стану вашого власного здоров'я та добробуту під час вашого догляду за кимось?

Чи знаєте ви про пільги, на які можете мати право?



MAKING CARERS COUNT

Working in partnership with Carers Trust

Фінансування здійснюється програмою трастового партнерства опікунів «Making Carers Count» за підтримки фонду соціальної допомоги при Covid-19.

В нагоді можуть стати місцеві благодійні організації для підтримки опікунів.

Наступні місцеві благодійні організації в муніципалітеті Брайтон-енд-Хов (Brighton & Hove), графствах Західний Сассекс (West Sussex) та Східний Сассекс (East Sussex) можуть надати допомогу кожному, хто доглядає члена сім'ї, друга або сусіда (в тому числі дітей) через хворобу, старість, інвалідність, психічний розлад або залежність.

За більш докладною інформацією зверніться до вашої місцевої благодійної організації просто зараз.

(За вашим запитом та абсолютно безкоштовно вам будуть надані послуги професійного перекладача на будь-яку мову).



Опікунський центр в муніципалітеті Брайтон-енд-Хов

Сайт для відвідин www.thecarerscentre.org
Електронна адреса info@thecarerscentre.org
Номер телефону 01273 746 222

(Зареєстрована благодійна організація з № 1015728 Компанія № 2758481)



Центр підтримки опікунів в графстві Західний Сассекс

Сайт для відвідин www.carerssupport.org.uk
Електронна адреса info@carerssupport.org.uk
Номер телефону 0300 028 8888

(Зареєстрована благодійна організація з № 1123359 Компанія № 6418743)



Центр з надання догляду опікунам «Care for the Carers» (графство Східний Сассекс)

Сайт для відвідин www.cftc.org.uk
Електронна адреса info@cftc.org.uk
Номер телефону 01323 738 390

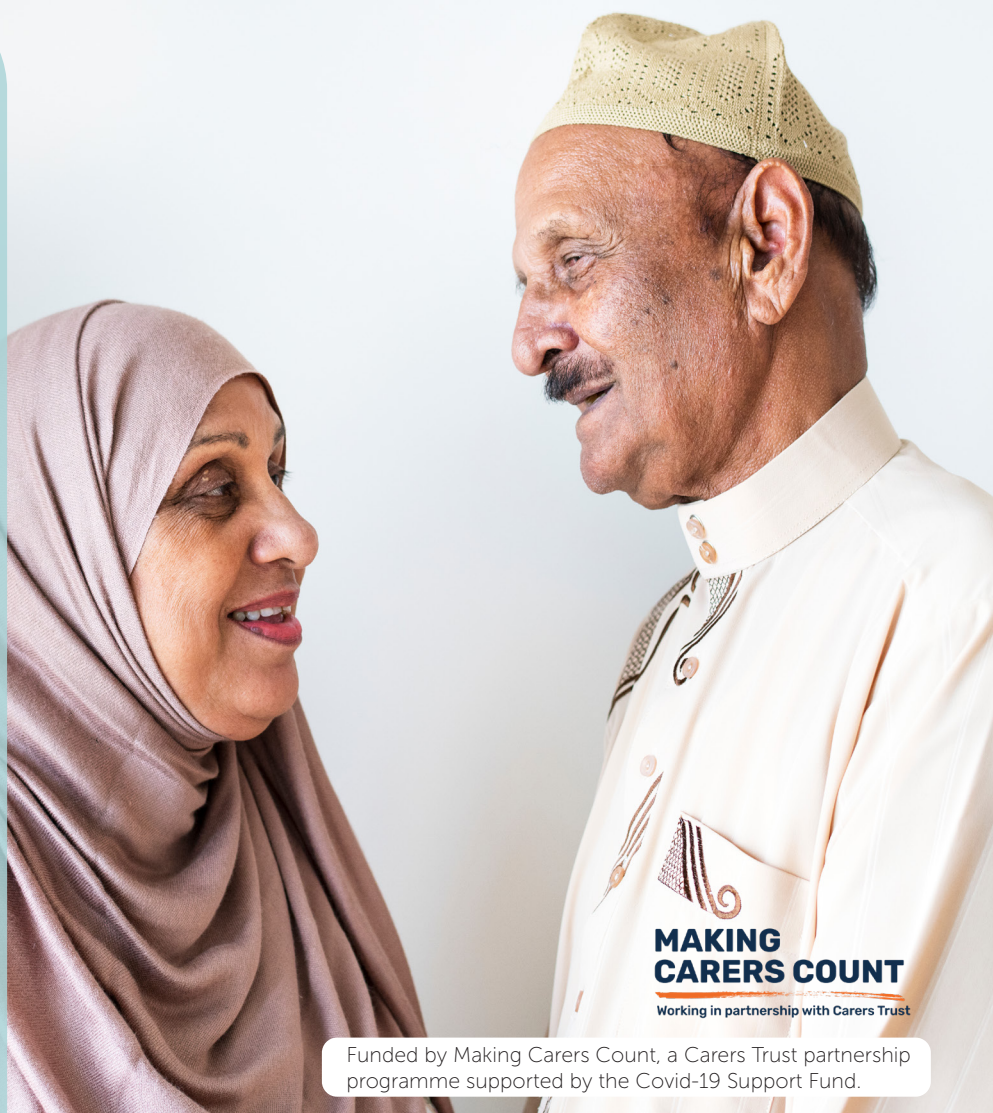
(Зареєстрована благодійна організація з № 1074906 Компанія № 3677361)

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Language: English

کیا آپ کسی ایسے شخص کی دیکھ بھال کرتے ہیں جسے آپ کی مدد کی ضرورت ہے؟

کیا آپ کچھ مدد، مشورہ یا کسی سے بات کر کے کر سکتے ہیں؟

کیا آپ کو اپنی ذاتی صحت اور تندرستی کو بہتر بنانے کے لیے مدد کی ضرورت ہے کیونکہ آپ کسی اور کی دیکھ بھال کرتے ہیں؟

کیا آپ ان فوائد سے واقف ہیں جن کے آپ حقدار ہو سکتے ہیں؟



MAKING CARERS COUNT
Working in partnership with Carers Trust

کوڈ 19- سپورٹ فنڈ کے ذریعہ تعاون یافتہ کیئرز ٹرسٹ پارٹنرشپ پروگرام، میکنگ کیئرز کاؤنٹ کی طرف سے فنڈ منہاجم کیا گیا ہے۔

آپ کے مقامی نگہداشت کنندگان کا امدادی خیراتی ادارہ مدد کر سکتا ہے۔

برائٹن اینڈ ہوو، معنربنی سیکس اور مشرقی سیکس میں درج ذیل مقامی خیراتی ادارے بیماری، بڑھاپے، معذوری، دماغی صحت کے مسئلے یا لیت کی وجہ سے حساندان کے کسی رکن، دوست یا پڑوسی (بشمول بچوں) کی نگہداشت کرنے والے کسی بھی شخص کی مدد کر سکتے ہیں۔

مزید جاننے کے لیے آج ہی اپنے مقامی خیراتی ادارے سے رابطہ کریں۔

درخواست کرنے پر کسی بھی زبان میں ایک پیشہ ور ترجمان کا بندوبست کیا جا سکتا ہے جس کے لیے آپ کو کوئی لاگت نہیں ہوگی۔



کیئرز سپورٹ فائر برائٹن اینڈ ہوو

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